

India issues new corona virus advisory ahead of Modi's address

The government has asked all senior citizens (above the age of 65) to stay at home.

“State governments shall issue appropriate directions so that all citizens above 65 (other than for medical assistance) except for public representatives/govt servants/medical professionals are advised to remain at home,” read the statement.

It’s true that risk of death climbs precipitously with age. While there were only 144 patients over age 85, as many as 70% were hospitalized and 29% needed intensive care, according to the CDC report. One in four died, the agency said in the Morbidity and Mortality Weekly Report.

Older adults advised to ‘stay home as much as possible’ during corona virus outbreak

Early research shows that older adults are twice as likely to have serious complications if they get the new corona virus, also called COVID-19 illness. Learn what you need to know.

As the new corona virus is spreading in the U.S. and around the world, older adults have emerged as the most vulnerable patients.

Public health experts at the Centers for Disease Control and Prevention (CDC) are now urging older adults, especially those who already have health challenges, to “stay at home as much as possible” to avoid getting the new coronavirus, also known as COVID-19.

“If you are an elderly person with an underlying condition, if you get infected, the risk of getting into trouble is considerable,” one of the nation’s top experts on infectious diseases, Dr. Anthony Fauci, said recently on NBC News’ “Meet the Press.” “So it’s our responsibility to protect the vulnerable. When I say ‘protect,’ I mean right now. Not wait until things get worse. Say no large crowds, no long trips, no getting together, no going out.

The government and the World Health Organization (WHO) have identified elderly people as especially vulnerable to the novel coronavirus outbreak. Prevention is better than the cure, they say. And, prevention against the novel coronavirus comes from insulation. One must not get exposed to novel coronavirus.

This is a challenge as novel corona virus is already here in the air, on the surfaces and human bodies many of which may not show symptoms for days because they are young and have robust immunity. Elderly people may become unsuspecting victims like sitting ducks.